

SURVIVING CHRISTMAS

We are looking for items to fill our hampers and would call upon your generosity to donate basic dry food items and perhaps a luxury item!

Please see reverse for full list of suggested donations.

Surviving Christmas are providing hampers to those in need, as referred by professional agencies. This is in order to relieve hardship and distress to residents within the Hastings and Rother area.



www.survivingchristmas.co.uk
c/o Hastings Voluntary Action
Jackson Hall, Portland Place,
Hastings, TN34 1QN
Tel: 07802 451940

Registered Charity No. 1033117

SURVIVING CHRISTMAS



We hope you have a wonderful Christmas and wish you all the best for the New Year!

Please could you help us with any of the following:

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| A Selection Box | Tinned Vegetables |
| A Small Christmas Cake | Instant Coffee |
| Chocolates or Sweets | Pasta Sauce |
| Individual Kipling Type Cakes | Dried Pasta |
| Teabags | Tinned Meat - spam/
corned beef |
| Sugar | Tinned Fish - salmon/tuna |
| Packet Soups | Tinned Fruit |
| Tinned Soups | Tinned Rice Pudding |
| Biscuits | Tinned Stewing Steak |
| Cereal | Baked beans/Spaghetti |
| Porridge | Tinned Custard or cartons/
pots |
| Instant Mash | Tinned Tomatoes |
| Chinese Noodles | Jam |
| UHT Milk | |
| Pringles | |
| Fruit Juice – Cartons | |